

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_

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Lonestar Endoscopy  
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Presbyterian Hospital  
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Flower Mound, TX  
75028  
Phone: 469-322-7000

**INSURANCE NOTIFICATION:**

- If pre-certification is required, it will be obtained by our Central Billing Office.
- For insurance questions please call TDDC Central Billing at 214-623-6230 or the Lone Star insurance team at 817-402-7700.
- If you have changed insurance since the last time you have been seen, you must notify us of this change.
- There will be a facility and anesthesia charge in addition to the physician's fee.
- There is a possibility that other charges may incur such as pathology, radiology, or laboratory fees during the procedure necessary for your care.
- Please bring your insurance card and driver's license to the procedure.

**GENERAL INSTRUCTIONS:**

- Follow instructions given to you about any changes to your medications. You may be making medication changes up to 7 days prior to your procedure.
- You should NOT have ANYTHING to EAT or DRINK after midnight.
- If you do not follow these directions your procedure WILL BE RESCHEDULED.
- NO SMOKING 24 HOURS PRIOR TO YOUR PROCEDURE. YOUR PROCEDURE MAY BE CANCELED IF YOU SMOKE WITHIN THE 24-HOUR PERIOD.

**5-7 DAYS BEFORE THE EXAM:**

- You will likely have to stop BLOOD THINNERS prior to your exam. Your doctor will tell you how long you will need to be off the blood thinners before and after the exam. Unless instructed otherwise, DO NOT stop your aspirin.
- IF YOU ARE DIABETIC, contact your prescribing doctor for instructions on how to take your medication on the day of the preparation and the procedure day.
- If you take a GLP-1 agonist for weight loss, HOLD (do not take) your daily dose the day of procedure and take after you are discharged home. If you take a weekly dose, it should be at least 1 week since your last dose. For any questions, please call the office. If you take the medication for diabetes management, contact your prescribing physician for any questions related to holding dose.
- Other medications that need to be held: Empagliflozin (Jardiance, Glyxambi, Synjardy, Trijardy), Dapagliflozin (Farxiga, Xigduo, Qtern, Qternmet), Canagliflozin (Invokana, Invokamet), Ertugliflozin (Steglatro, Segluromet, Steglujan), Bexagliflozin, and Sotogliflozin. If you are taking one of these, please call our office to discuss how they should be held.

**THE DAY OF THE EXAM:**

- Nothing to eat or drink after midnight.
- If you are on heart or blood pressure medication, take them with a small sip of water 2 hours or more before the exam. All other medications should be taken after your procedure.
- YOU ARE REQUIRED TO HAVE SOMEONE YOU KNOW DRIVE YOU HOME AFTER YOUR PROCEDURE. You should not drive, work, exercise or drink alcohol for the rest of the day after your exam.

For questions you can call our office at (972)691-3777